



Serving Calumet, Outagamie and Waupaca counties

1-866-739-2372 (Toll Free)

www.yourADRCresource.org

OUTAGAMIE COUNTY NUTRITION PROGRAM

Program Purpose

The purpose of the Nutrition Program is to reduce hunger and food insecurity, promote socialization plus promote the health and well-being of persons 60 years and older by providing assistance in gaining access to nutrition, disease prevention and health promotion services. The Nutrition Program provides Congregate and Home Delivered meal service along with nutrition education, screening and counseling in accordance with the Older Americans Act.

Program Objectives

Prevent malnutrition and promote good health behaviors through nutrition education, screening and intervention. Serve safe and quality meals that adhere to state food safety and sanitation standards. Promote and maintain coordination with other support services. Target older persons who have the greatest economic and/or social need with attention to low-income minority and rural older persons.

Meal Service Eligibility

- Participants 60 years and older are eligible for meal service on a donation basis.
- Spouses under 60 years who participate with their spouse 60 years and older are eligible for meal service on a donation basis. If the under 60 spouse participates without the 60 and older spouse, the under 60 spouse must pay the total meal cost.
- Volunteers under 60 years who perform Nutrition Program-related duties are eligible for meal service on a donation basis if it does not deprive participants 60 years and older of meal service.
- Disabled participants under 60 years living in a housing facility where a Nutrition Program Congregate mealsite resides are eligible for meal service on a donation basis.
- Disabled participants under 60 years who reside at home with or accompany a participant 60 years and older to a Congregate mealsite are eligible for meal service on a donation basis.
- Disabled participants under 60 years who live alone are eligible for meals if it does not deprive participants 60 years and older of meal service.
- Family Care, Family Care Partnership or IRIS participants may be eligible for meals by contract with the Outagamie County Nutrition Program. The total meal cost is reimbursed to the Outagamie County Nutrition Program by Community Care, Inc. or IRIS.
- Caregivers (other than a spouse), regardless of age, who reside at home with and accompany participants 60 years and older to a Congregate mealsite are eligible for meals on a donation basis.

CALUMET COUNTY--DHS

206 Court St.
Chilton, WI 53014
920-849-1451
www.co.calumet.wi.us

OUTAGAMIE COUNTY--DHHS

401 S. Elm St.
Appleton, WI 54911
920-832-5178
www.outagamie.org

WAUPACA COUNTY--DHHS

811 Harding St.
Waupaca, WI 54981
715-258-6400
www.co.waupaca.wi.us

- Caregivers (other than a spouse), regardless of age or condition, who reside at home with an Outagamie County participant 60 years and older are eligible for Home Delivered meals on a donation basis if the Home Delivered Meal Assessment concludes it is in the best interest of the homebound older participant.
- Participants under 60 years who receive a complete meal and it does not deprive participants 60 years and older of meal service, must pay the total meal cost.

Meal Services

Congregate Meal Service provides nutritious, mid-day meals and fellowship in a communal setting. Nutrition Program Congregate mealsites offer fellowship, social and informational activities, nutrition education, health screenings, etc. Participants must make a meal reservation in advance by calling the local Nutrition Program Mealsite Manager.

Home Delivered Meal Service provides nutritious, mid-day meals to eligible, homebound Outagamie County residents. Home Delivered meal service participants are assessed and must meet the following criteria:

- Outagamie County resident 60 years and older
- Outagamie County disabled resident under 60 years and living alone (if participation does not deprive a participant 60 years and older of meal service).
- Homebound
- Unable to attend a Nutrition Program Congregate mealsite
- Unable to prepare meals independently and have no other resources to assist with meal provision.

Meal Cost

The Nutrition Program may not charge for meal service in accordance with the federal Older Americans Act. A suggested donation may be established. Nutrition Program participants may voluntarily donate toward the meal cost. No participant will be denied meal service because they cannot or will not donate toward the meal cost. Donations are confidential and support Outagamie County Nutrition Program meal service continuation.

Meal Requirements

Nutrition Program mid-day meals meet Recommended Dietary Allowance (RDA) guidelines:

- Three ounces meat, seafood, poultry, cheese or eggs
- One-half cup vegetables
- One-half cup fruit
- One-half cup potato, rice, pasta or dressing
- One serving enriched/whole grain bread, roll, bun or muffin with margarine pat
- One-half cup dessert
- One-half pint low-fat milk

Nutrition Program meals are moderate in sodium, saturated fat and sugar. Meals are prepared, packed and delivered to preserve optimum flavor, appearance and nutritive value.

Program Governance

The Nutrition Program is under the direction of the Outagamie County Department of Health & Human Services, Aging & Disability Resource Center (ADRC), 920-832-5178; 866-739-2372 Toll Free; 7-1-1 TTY.

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Food...Fellowship...Fun...Good Health...Independence

The Outagamie County Nutrition Program has provided Congregate and Home Delivered meal service to participants 60 years and older in Greenville since 1996. The Nutrition Program offers not only nutritional meals on a donation basis but also promotes good health and wellness; offers socialization, fellowship, educational and recreational activities; plus connects participants to the Aging & Disability Resource Center (ADRC) Outagamie County Branch for other needed services and resource information.

Nutrition Program Congregate "group" meals are served Monday through Friday 11:30 A.M. at the Greenville Safety Building. Meal reservations may be made by calling Nutrition Program Greenville Mealsite Manager Theresa Ritchie-Holtz 757-7786 the day before meal service between 8:30-10:00 AM. (Please call your meal reservation to Theresa on Friday for Monday meal service.)

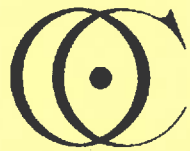
If in need of Nutrition Program Home Delivered meals, please call Mealsite Manager Theresa Ritchie-Holtz 757-7786 who will perform an in-home assessment to determine meal service eligibility. If eligible, Theresa will set up and coordinate Home Delivered meal service out of the Nutrition Program Greenville Congregate mealsite.

The Outagamie County Nutrition Program is under the direction of the Outagamie County Department of Health & Human Services - Aging & Disability Resource Center Outagamie County Branch (ADRC). For more information on the Outagamie County Nutrition Program or services provided by the Aging & Disability Resource Center (ADRC) Outagamie County Branch, please call 920-832-5178; 866-739-2372 Toll Free; Email adrc@outagamie.org or visit the Outagamie County website www.outagamie.org Click on: Residents. Click on: Aging & Disability Resource Center.

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OUTAGAMIE COUNTY NUTRITION PROGRAM

The Outagamie County Nutrition Program offers **CONGREGATE** and **HOME DELIVERED** meal service to persons 60 years and older or disabled on a donation basis. The Nutrition Program provides nutritional, financial, social, educational and informational support.

CONGREGATE meal service offers nutritious meals, in a group setting, at countywide Congregate mealsites. Congregate meal service provides socialization, educational and recreational activities, nutrition and benefit counseling, health screenings, current information on aging issues, plus volunteer opportunities. Participants must make meal reservations in advance by calling the following Congregate mealsite locations below:

APPLETON - Oneida Heights Apts.

Monday - Friday 11:30 am
Mgr. Gloria Cameron 920-734-8235

KAUKAUNA - Golden Venture Apts.

Monday - Friday 11:30 am
Mgr. Ellie Buelow 920-636-0803

APPLETON - Randall Court Apts.

Monday - Friday 11:30 am
Mgr. Mary Davis-Harts 920-733-9350

SEYMOUR - Good Shepherd Services

Monday - Friday 11:30 am
Mgr. Judy Miller 920-833-7991
Mealsite 920-833-6434

GREENVILLE - Safety Building

Monday - Friday 11:30 am
Mgr. Theresa Ritchie-Holtz 920-757-7786

HOME DELIVERED meal service offers nutritious meals to homebound Outagamie County residents 60 years and older or disabled under 60 years living alone. Eligible Home Delivered meal participants must be homebound, unable to attend a Congregate mealsite, unable to prepare meals independently and have no other resources to assist with meal provision.

There is no charge for **OUTAGAMIE COUNTY NUTRITION PROGRAM** meal service. Participants may receive meal service on a donation basis. A suggested donation may be established. Participant donations are confidential and support Outagamie County Nutrition Program meal service continuation.

Call the Aging & Disability Resource Center (ADRC) Outagamie County Branch 920-832-5178; 866-739-2372 Toll Free; 7-1-1 TTY; or Email ADRC@outagamie.org for further information on the Outagamie County Nutrition Program.